

Thailand's Annual International Training Course (AITC) 2017

Strengthening Health System: the key contributing to achieve Sustainable Development Goals (SDGs)

- I. **Course title:** Strengthening Health System: the key contributing to achieve Sustainable Development Goals (SDGs)
- II. **Duration:** 1 – 26 May 2017 (4 weeks)
- III. **Closing date for application:** 27 March 2017

IV. **Background and rationale:**

As stated in WHO Constitution, access to basic health care is a fundamental human right, not just a privilege to be enjoyed in a few wealthy societies. But this right hardly matches the reality. The existing interventions are not corresponding by the performance of health systems to bring them to those in greatest need in a comprehensive way, and on an adequate scale. In many countries, the rich receive all the health care they need, while the poor have to be financed through out-of-pocket payments on the erroneous assumption that it is cheap and the poor should be able to afford it. This situation needs to be corrected, and ways are urgently needed to improve the performance and effectiveness of health systems.

The 2030 agenda for Sustainable Development Goals (SDGs) is a plan of action for people, planet and prosperity. It also seeks to strengthen universal peace in larger freedom. It is the greatest global challenge and an indispensable requirement for sustainable development. All countries and all stakeholders, acting in collaborative partnership, will implement this plan. The interlinkages and integrated nature of the Sustainable Development Goals are of crucial importance in ensuring that the purpose of the new Agenda is realized. The plan highlight ambitions across the full extent of the Agenda, the lives of all will be profoundly improved and our world will be transformed for the better.

During the last few decades, concern for the quality of health care has been growing. This concern has been triggered by enhanced socioeconomic development, as reflected by higher public demand for quality health care. With this concern, **the concept of the district health system** is widely accepted as the core piece of health system development, and is

the key to deliver the basic health services in developing countries. According to WHO, a district health system consists of a large variety of interrelated elements that contribute to health in homes, schools, work places and communities, through health and other related sectors providing health care in the district. It includes self-care and all health care workers and facilities, up to and including the hospital at the first referral level, and appropriate laboratory, diagnostic and logistic support services. Therefore, the district is the most appropriate level for coordinating top-down and bottom-up planning; for organizing community involvement in planning and implementation, and for improving the coordination between government and private health care. Many key development sectors are represented at this level.

District Health Management Learning (DHML) started in 2014 as a key to reinforcement of district health system in Thailand. Lessons learnt reported that DHML fit into a sustainable comprehensive and continuous grounded capacity building which is now functioning in most districts in Thailand and still evolving. Several teams and facilitating conditions are being set up in order to work better together (functional relationship), continuously learn together (learning relationship), strengthen the organisation together (managerial relationship), for sustainable development of people-centred district health systems.

This training course will provide the principles of health system and its learning from Thailand's experiences, the integrated activities/program in the system, and how to strengthening through different patterns of resource allocation or different ways of working to achieve SDGs.

V. Course Objectives

- To introduce the principle concept of health system components; service delivery, health work force, health information system, access to essential medicines, financing, and leadership/governance
- To introduce the monitoring and evaluation of health system strengthening framework and to show how health inputs and processes are reflected in output that in turn are reflected in outcome and impact.
- To demonstrate how DHML could be strengthened for sustainable development of people-centred
- To share and exchange the experiences of management health system in Thailand and participants' countries in achieving SDGs

VI Expected outcome

- Participants are able to identify basic concept of health system
- Participants are able to identify and share areas of improvement in their countries' health care system
- Participants gain experience in health care system strengthening and create network among themselves in order to share their future work in different contexts
- Participants are able to develop a plan to strengthen their countries' health care system or their countries' district health care system
- Participants are expected to share their project outcome after implementing and exchange their experiences

VII Course Contents

Course outline: Four learning modules will be delivered during the course

Module 1 Health care reform and SDGs: This module aims to provide a principle of health care reform in different countries, challenge that they face including the key strategies of their success. In addition, the SDG will be shared and exchanged. Thus, health care reform and experience will be shared.

Module 2 designed based on WHO framework that describes health systems in terms of six core components or “building blocks”; (i) service delivery,(ii) health work force, (iii) health information system, (iv) access to essential medicines, (v) financing, and (vi) leadership/governance

Module 3 monitoring and evaluation of health systems strengthening will be elaborated together indicators and data sources across the results chain in its entirety; input process, output, and outcome to impact. The contents will be designed to address monitoring and evaluation needs for different users and multiple purposes, including; (i) monitoring of the program inputs, process and results, required for the management of health system investments; (ii) health system performance assessment, as the key for country decision-making process; and (iii) evaluating the results of health evaluation reform investment and identifying which approaches work best

Module 4 DHML will be introduced to the participants to share and learn during the course. The principle of DHML, design and implementation including evaluation will be provided.

Study trip: One week of study trips will be held in Supan buri province. The participants could observe and experience of several health service systems in deference level, including exchange their experience with those who work in health and non-health team. It will highlight the interaction of ccommunity empowerment in Thailand, Context based learning, Contracting unit for primary care, family care team, and implementing the District Health Management Learning (DHML).

Advance assignment

All participants are required to prepare

- 2-3 page analysis of health system in their countries which consisted of (i) service delivery, (ii) health work force, (iii) health information system, (iv) access to essential medicines, (v) financing, and (vi) leadership/governance, health care reform (if any)
- 1 page analysis of strength and weakness of health care system of participant's countries

Project assignment

Participants are required to describe and analyse the organisation of their local health system, identify a priority unsatisfactory issue and propose an intervention in order to improve on the outcome of their health care system. Some intermediary presentations and group works are organized to facilitate individual work. Participants submit a memorandum and present the result of their work in plenary at the end of the course.

VIII Number of Participants 20 persons

IX Qualifications

Candidates must possess qualifications as specified in “Guideline for Thailand’s Annual International Training Course Programme” No. 2 “Qualifications” as well as following qualifications.

- Has been working related as a health personnel for at least 2 years
- Computer literate
- Under 45 years of age

X Venue

ASEAN Institute for Health Development (AIHD), Mahidol University

999 Salaya Campus, Phudthamonthon 4, Salaya, Nakorn Pathom 73170

www.aihd.mahidol.ac.th

XI Evaluation

- Participants are required to attend all activities organized during the course as attendance in all sessions is obligatory. TICA reserves the rights to revoke its fellowship offer or take appropriate action deemed appropriate in case a participant is in attendance of less than 90 percent of the training hours.
- Participants will be evaluated their achievement by their performance in analysis of their countries' health care system and in planning how to strengthen their countries' health care system.
- Participants will be requested to present their work during the training.

XII Training Institution:

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XIII Contact

For more information, please contact;

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